

## Editorial

# Nanoencapsulated Polymeric Antioxidants in Combating Neuronal Oxidative Damage

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Toxic reactive oxidative species (ROS) evoked by the induction of oxidative stress in the episodes of neurodegenerative disorders play the key role in neuronal cell death. As mitochondria are the prime source of reactive oxygen species (ROS), neurodegeneration misleads mitochondria for excessive production of ROS. In aging, neurodegeneration accelerates the process of mitochondrial dysfunction. Antioxidant therapy has been shown to exert beneficial effects in protecting brain cells against oxidative damage. However the application of free antioxidants is only effective at high doses as the blood-brain barrier (BBB) limits the passage of molecules from the circulation into the cerebral region and bioavailability becomes a major problem. Hence a suitable system is needed for effective delivery of molecules to the cerebral region.

The brain is vulnerable to oxidative injury because of its high rate of oxidative metabolic activity, intense production of reactive oxygen metabolites, high content of polyunsaturated fatty acids and low antioxidant capacity [1]. Oxidative damage of the brain has complex interactions with excitotoxicity, apoptosis and inflammation [2]. The imbalance between ROS generation and the levels of cellular antioxidants during oxidative stress deregulates the cellular functions and thus leads to various pathological conditions including metabolic dysfunction, neuro-degenerative diseases and premature aging. Oxidation of biomolecules like DNA, proteins and lipids plays a significant role in several age-related disorders. Peroxidation of membrane lipids due to the overproduction of ROS results in the loss of cell membrane integrity, impairment of the functions of membrane transport protein and ion channels, disruption of cellular ion homeostasis and concomitantly increases neuronal vulnerability to excitotoxicity [3]. In cerebral degenerative diseases, the rapid loss of ATP results in uncontrolled leakage of ions across the cell membrane, membrane depolarization and release of neurotransmitters like glutamate and dopamine. The excessive release of glutamate causes stimulation of its receptors and thus resulting in phospholipase activation, phospholipid hydrolysis and arachidonic acid release which ultimately lead to neuronal death. Reduction in reduced glutathione (GSH) level and consequent oxidative damage have been suggested as a major cause of apoptotic neuronal cell death [4]. Loss of GSH triggers the activation of neuronal 12-lipoxygenases,

which leads to the production of peroxides, an influx of calcium and ultimately causes cell death [5]. The disturbances in mitochondrial structure and function play major role for the pathophysiological phenomenon in neurodegenerative diseases and in the mechanism of neurodegeneration among aged individuals [6-8]. The rate of ROS generation in mitochondria increases gradually with ageing [8,9]. Peroxidation of mitochondrial membrane lipids by ROS destabilizes the membrane structure that results in the release of apoptotic factors into the cytosol.

During pathogenic conditions, neuronal cells cannot counterbalance the hazardous effects of elevated ROS level and succumb to irreversible damage. Hence attempts with the application of exogenous antioxidants have made to protect neurons from oxygen free radical attack [10,11]. However most of the exogenous antioxidants are effective *in vitro* while they fail to show promising effects *in vivo* due to their poor bioavailability as a result of their inability to cross the BBB. Hence a delivery system is necessary especially for the brain to enhance the bioavailability and consequently the efficacy of exogenously applied antioxidants.

Nanoparticles (NP) are accepted as unique commercial delivery device because of its tendency to accumulate in the inflamed area of the body. Nanoparticles are efficient vehicles for drug delivery due to their small size, nontoxic nature, biodegradability, non-immunogenicity and sustained drug releasing ability in biological systems. A polymeric nanoparticle when targeted to brain provide better penetration and effective release of therapeutic agents of interest and offers a reduced risk in comparison to existing therapies [12]. Nanoencapsulation technology has proven benefits for their ability to cross the BBB as well as their nature to increase cellular drug concentration. The size of nanoparticles is important in determining their stability for drug release and cellular uptake efficiency [13]. Nanoparticles less than 100 nm in size have a higher potential to circulate in the blood for longer periods of time and experience reduced hepatic filtration [14]. Poly(lactic-co-glycolic acid) (PLGA) is known to be one of the most successfully developed biodegradable polymers [15]. PLGA-based nanoencapsulation of antioxidants can improve their therapeutic potential with proper intracellular delivery and prolonged circular retention time [16]. PLGA is non-toxic, biodegradable and biocompatible and has the ability to control the release of drugs from PLGA nanospheres.

The brain is one of the most challenging sites for drug delivery. Hence, the use of antioxidants in polymeric nanocapsules may prove to be the appropriate delivery vehicle for the brain and to serve as suitable drugs to combat ROS mediated neuronal damage. NPs are advantageous for drug delivery as their application decreases drug dose; reduce side effects and increases drug retention time. The enhancement of brain delivery obtained with drug-loaded NPs is very promising. However, further research is needed for assessing

the suitability and efficacy of such delivery systems keeping in mind their harmful effects, if any. If successful, the approach may change the course of treatment for neurodegenerative disorders.

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