

Research Article

Antityphoid Activity and Probable Mechanism of Action of 95% Ethanolic Extract of *Enantia chlorantha* Stem Bark

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Abstract

Typhoid fevers are systemic diseases caused by *Salmonella* Typhi. These bacterial infections come from the digestive route. The aim of this study was to evaluate the activity of the 95% ethanolic extract from *Enantia chlorantha* stem bark and to determine its mechanism of action.

When performed, microdilution in liquid medium, was used for the evaluation of the *in vitro* antisalmonella activity on *Salmonella* Typhi ATCC 6539. The phytochemical screening was assessed by the standard methods. The mechanism of action of the extract was performed through biofilms and proton ATPases- H⁺ Pumps inhibition.

In vitro antisalmonellal activity test reveals that the *E. chlorantha* extract presented MIC values of 128 µg/mL and MBC of 512 µg/mL on tested microorganism. The MBC/MIC ratio was equal to 4. Phytochemical analysis revealed the presence of alkaloids, anthocyanins, anthraquinones, flavonoids, phenols, and saponins in this extract. The later also inhibited biofilms formation and proton ATPases- H⁺ bacterial pumps.

The present study demonstrates that ethanolic extract of *Enantia chlorantha* stem bark possesses an interesting antisalmonella activity and could then be used for the treatment of typhoid fever.

Keywords: Antityphoid Activity; Mechanism of Action; *Enantia chlorantha* stem bark

Introduction

Typhoid fevers are systemic bacterial infections contracted through digestive route and found especially in developing countries where they are endemic [1]. Patients generally contract them through ingestion of contaminated water or /and foods by excrement of infected peoples or via direct transmission through human being. In 2014, the World Health Organization (WHO) reported that about 216 500 deaths are estimated annually over 22 million cases of typhoid fever [2]. The epidemiologic expansion of this disease could be explained by the adaptation of the responsible microorganism to new drugs, the negligence in the patient control, the non-respect by these patients of prophylaxis and the expensive cost of antibiotics [3]. Thus they continue to emerge and cause public health problem.

Many Plants, including herbs and spices, have many phytochemicals which are a potential source of natural antisalmonella substances, e.g., phenolic diterpens, flavonoids, alkaloids, tannins and phenolic acids [4-6]. It is the case of *Enantia chlorantha* commonly known as African yellow wood. In Nigeria, its stem bark is commonly used for the treatment of malaria and other ailments of the human body such as cough and wound [7]. The plant has been intensely studied for their antimicrobial activities [8] and antipyretic properties [9]. In Cameroon, stem bark extract is used to treat jaundice and urinary tract infections [10] and typhoid fever [11]. The mechanism

of action of this plant has not been tested scientifically in most cases in order to justify its continuous use in traditional folk medicine. This study is therefore aimed at providing scientific evidence to its antibacterial potentials and the mechanism of action of *E. chlorantha* stem bark extract.

Materials and Methods

Plant material: Collection and identification

The stem bark of *Enantia chlorantha* was collected in Lekié Division, Central region of Cameroon, in March 2014. Identification of the plant was done at the National Herbarium, in Yaounde-Cameroon, using a voucher specimen registered under the reference N°25918/ SRFCAM. The stem bark was air-dried at room temperature (23±2°C) away from sunlight, and milled to coarse particle at the Biotechnology Centre, University of Yaounde I.

Tested bacteria and culture media

The tested bacterium was a strain of *Salmonella* Typhi (ATCC 6539), obtained from the American Type Culture Collection (ATCC) coming from the Medical Bacteriology Laboratory of the "Centre Pasteur" of Yaounde, Cameroon. *Salmonella Shigella* Agar (Italy Liofilchem) was used for activation and maintenance of the strain, and Mueller Hinton Broth (MHB) for the determination of the Minimum Inhibitory Concentrations (MICs) and Minimum

Bactericidal Concentrations (MBCs).

Methods

Extract preparation

Hundred grams (100g) of *Enantia chlorantha* Stem bark powdered were macerated at room temperature ($23 \pm 2^\circ\text{C}$) in 1000 ml absolute ethanolic solvent (EtOH 95%) for 48 hours, and then filtered with Whatman paper (N°1). The filtrate was concentrated at 45°C using a rotary evaporator (Buchi R200) and the obtained volume was later dried at 40°C . The plant extracts were stored in sterilized bottles at room temperature till further usage.

Inocula preparation

Bacterial cell suspensions were prepared at 1.5×10^8 Colony-Forming Unit/mL (CFU/mL) following 0.5 McFarland turbidity. For this purpose, 18 hours old bacterial cultures were prepared in *Salmonella Shigella* Agar (SSA). From this culture, few colonies of bacteria were collected aseptically with a sterile wire loop and introduced into 10 mL of sterile 0.9% saline water. These suspensions were diluted 100 times with MHB to yield about 1.5×10^6 CFU/mL before use.

In vitro antisalmonellal test

The susceptibility of *Salmonella* species was tested by broth micro-dilution method. They were used against the *Salmonella* specie listed. As described by Newton and co-workers [12], the *E. chlorantha* extract was dissolved in 2.5% dimethylsulfoxide (DMSO) solution and two-fold serial dilutions of the test substances were made with Mueller Hinton Broth to yield a volume of 100 μL per well. One hundred microliters (100 μL) of 1.5×10^6 CFU/mL bacterial suspensions were added to respective wells containing test samples (except extract and medium sterility control wells) and mixed thoroughly to give final concentrations ranging from 8 to 1024 $\mu\text{g}/\text{mL}$ for extracts. Oxytetracyclin and ciprofloxacin were used as standard antibiotics at concentrations ranging from 1 to 128 $\mu\text{g}/\text{mL}$ and 0.5 to 64 $\mu\text{g}/\text{mL}$ respectively, followed by 18 hours incubation at 37°C of these preparations. The inhibitory concentration of the extract was determined after addition of 40 μL of 0.2 mg/mL of p-iodonitrotetrazolium chloride (INT) (Sigma Aldrich, South Africa) and incubation at 37°C for 30 minutes. Viable bacteria change the yellow dye (INT) to pink color. The lowest concentrations at which there was no visible color change were considered as MICs. The MBC values were determined by adding 50 μL aliquots of the preparations (without INT), which did not show any visible color change after incubation during MIC determination, into 150 μL of fresh broth. These preparations were further incubated at 37°C for 48 hours and MBCs were revealed by the addition of INT as above. All extract concentrations at which no color change were considered as bactericidal concentrations, and the smallest of these concentrations was considered as the MBC. These tests were carried out in triplicates.

Identification of the chemical compounds found in the 95% ethanolic extract of *E. chlorantha* stem bark

The chemical compounds contained in the *E. chlorantha* extract were detected by qualitative phytochemical analyzes. For this, the various extracts were subjected to a phytochemical screening according to the methods described by Harbone (1998) [13].

Study of the mechanism of action of the 95% ethanolic extract from *E. chlorantha* stem bark on *Salmonella* Typhi (ATCC6539)

Two mechanisms of antibacterial action of the ethanolic extract of *E. chlorantha* stem bark were studied using the strain *Salmonella* Typhi (ATCC6539). The illustrative curves or graphs of these mechanisms were obtained using the Microsoft Excel software.

Evaluation of the effect 95% ethanolic extract of *E. chlorantha* stem bark on ATPases-H⁺ proton pumps

The ability of the ethanolic extract to inhibit *Salmonella* Typhi (ATCC6539) H⁺, an ATPase pump was evaluated by monitoring the acidification of the external medium through pH measurement using a pH-meter (Hanna INSTRUMENTS: HI 2211, Woonsocket Rhode Island, USA).

For this purpose, a bacterial culture was previously prepared in a liquid medium. Conserved bacterial cells (in a mixture of MHB-glycerol) were streaked in 90 mm petri dishes, and the culture was incubated at 37°C . For 18 hours. A bacterial colony was then removed and introduced into 20 ml of MHB contained in an Erlenmeyer flask. The mixture was incubated at 37°C with stirring. After 18 hours of incubation, the bacteria culture called pre-culture (OD600 = 1) was used to prepare the bacterial culture for subsequent experiments. Aliquots of bacterial pre-culture were removed and introduced into Erlenmeyer flasks containing MHB at the rate of 1 mL of pre-culture for a final volume of 100 mL (1/100 v/v dilution). After 18 hours of incubation with shaking at 37°C , a volume of 100 mL of bacterial culture was centrifuged at 4000 rpm for 30 minutes under cold conditions. The pellet obtained was washed with distilled water, then 50 mM KCl and re-suspended in 50 mL of KCl. The suspension was kept at 4°C for 18 hours. A volume of 0.5 mL from the sample solution (at the MIC) dissolved in DMSO/MHB was added to 4 mL taken from this suspension. After 10 minutes of pre-incubation at 37°C , the acidification of the medium was started by adding 0.5 ml of a 20% (w/v) glucose solution.

Subsequently, the pH of the medium was measured every 15 minutes for 90 minutes. The negative control was represented by DMSO 2.5%. The pH values noted allowed the plotting of the pH progression curves as a function of time [pH = f (time)]. Any significant increase in pH in the presence of an antibacterial was attributed to an inhibitory effect of the H⁺ /ATPases pumps activity. This inhibition may be detrimental to the survival of the bacterium in that the proton pumps provide the bacteria the necessary energy for its metabolism and thus its development [14].

Evaluation of the anti-biofilm activity of the 95% ethanolic extract of *E. chlorantha* stem bark

The anti-biofilm potential of the ethanolic extract was determined according to the method described by Nikolic et al. (2014) [15]. Briefly, a volume of 100 μL of Mueller Hinton Broth was introduced into a 96-well microplate. The substances to be tested were introduced into the upper wells and diluted in a geometrical progression of order 2. Thereafter, 100 μL of a bacterial suspension of the Mac Farland 0.5 scale was introduced into the wells. The positive control consisted of culture medium, the microorganism and the reference antibiotic (ciprofloxacin); the neutral control of the culture medium alone; and the negative control consisted of the medium and the microorganism.

The plates were incubated with shaking (130 rpm) for 24 h at 37°C. At the end of the incubation, the planktonic cells (which did not form biofilms) were removed from the microplates trough washing in 1N phosphate buffered saline pH 7.24. The plates were oven-dried at 65 °C for 10 minutes and the biofilm formed by the adherent cells was fixed with 3- [4,5-dimethyl-2-thiazolyl] -2,5-diphenyl. -2H-tetrazolium-bromide (MTT) for 30 minutes at laboratory temperature, and then rinsed with sterile distilled water and dried again. Subsequently, 200 µL of 30% acetic acid was added to the microplates. The optical densities were measured using an Elisa microplate reader (Dialab, France) at 570 nm. The inhibition percentage of the biofilm was calculated according to the following formula:

$$\% I = [(OD \text{ negative control} - OD \text{ test}) / OD \text{ negative control}] \times 100.$$

Results

In vitro antibacterial test

The ethanolic extract of the *E. chlorantha* stem bark presented the MIC value of 128 µg/ml and the MBC value of 512 (Table 1). Those values were more than those obtained with the reference antibiotics. The rate MBC/ MIC was equal to 4.

The chemical compounds found in the 95% ethanolic extract of *E. Chlorantha* stem bark

Table 2 shows the qualitative distribution of the main groups of compounds in *E. chlorantha* bark extracts. It reveals the total absence of tannins and the presence of some secondary metabolites including alkaloids, anthocyanins, anthraquinons, flavonoids, phenols, steroids, saponins and triterpens.

Mechanism of action of the ethanolic extract of *E. chlorantha* stem bark on *Salmonella* Typhi (ATCC6539)

Action of the extract on the membrane integrity

Figure 1 shows pH variation curves of culture media inoculated with the strain of *Salmonella* Typhi (ATCC6539) as a function of time, in the presence of the extract of *E. chlorantha* (EC) stem bark and DMSO (control). It appears that in the presence of the extract, the pH of 6.5 culture medium decreases very slightly; it reached the value of 5.95 only after 90 minutes. However, the pH obtained in the presence of the negative control (DMSO at 2.5%) decreases significantly over time and reached the value of 3.68 after 90 minutes, thus causing a strong acidification of the medium.

Anti-biofilm activity of the *E. Chlorantha* extract

The histograms in Figure 2 represent inhibition percentage of **Table 1:** MIC, MBC and MBC/MIC of the ethanolic extracts of *E. chlorantha* stem bark on *Salmonella* Typhi (ATCC6539).

	95% Ethanolic extract	Oxytetracyclin	Ciprofloxacin
MIC (µg/mL)	128	2	0.5
MBC (µg/mL)	512	4	2
MBC/MIC	4	2	4

MIC: Minimal Inhibitory Concentration; MBC: Minimal Bactericidal Concentration.

Table 2: Groups of compounds found in the 95% *E. chlorantha* stem bark extracts.

Compounds	Alkaloids	Anthocyanins	Anthraquinons	Flavonoids	Phenols	Saponins	Steroids	Tannins	Triterpens
	+	+	+	+	+	+	+	-	-

(-) Absent, (+) Present.

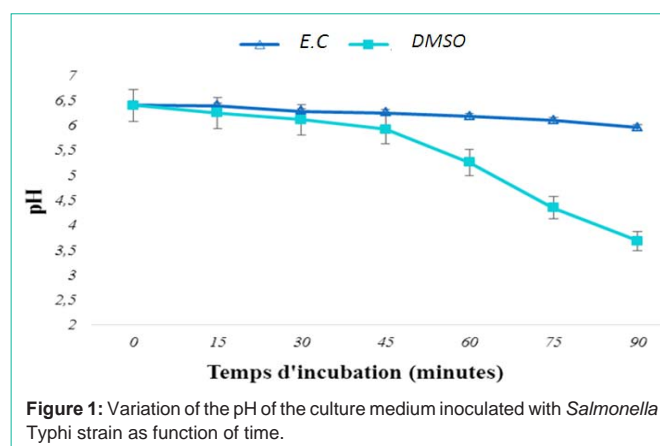


Figure 1: Variation of the pH of the culture medium inoculated with *Salmonella* Typhi strain as function of time.

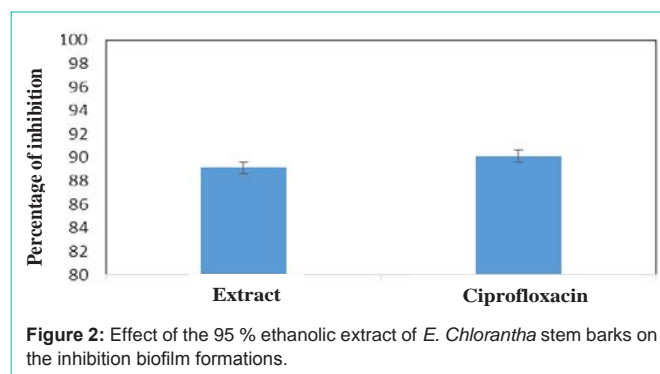


Figure 2: Effect of the 95 % ethanolic extract of *E. Chlorantha* stem barks on the inhibition biofilm formations.

biofilm formation of 95% ethanolic extract of the *E. chlorantha* stem bark against *S. Typhi* strain. The analysis of this figure shows that, this extract presented an inhibition percentage of 89.12% which is slightly lower than that of ciprofloxacin (90.12%) used as a positive control.

Discussion

The search for new antimicrobial substances is an important challenge to overcome the inadequacies of those already existing. One way to do this is by evaluating their activities [16]. The minimal inhibitory concentration obtained with 95% ethanolic extract of *E. chlorantha* stem bark (128 µg/mL) showed that its activity is moderate because according to Kuete and co-workers' scale, an extract has significant activity when MIC ≤ 100 µg/mL; moderate when 100 < MIC ≤ 625 µg/mL and weak if MIC > 625 [17]. This activity could be due to the presence of secondary metabolites such as alkaloids, anthocyanins, anthraquinons, flavonoids, phenols, and saponins in these extract as observed during the experimentation. This extract is bactericidal on this tested *Salmonella* because of the fact that MBC/MIC is equal to 4 and it is well known that the relation MBC/MIC ≤ 4 means that the extract is bactericidal. This result could be explained by the presence of secondary compounds which are proven to have antibacterial properties [18-20].

The study of the possible mechanisms of action of the extract (inhibition percentages of biofilm formation of *E. chlorantha* stem

bark extract), demonstrated its ability to inhibit *Salmonella* Typhi-induced H⁺ / ATPase proton pumps. Indeed, the energy required for the development of the metabolic reactions of the bacteria depends on the proper functioning of these pumps. The inhibition of the latter by a substance maintains H⁺ protons pump in its inactive form, and thus compromising the survival of the bacteria that will die from lack of energy. It is well known that bacteria are viable in a wide range of pH (1-11) and bacterial cytoplasmic pH is kept close to neutral [21]. It is also generally accepted that bacterial cytoplasmic pH is regulated by various cation transport systems [21]. In this experiment, the extract of *E. chlorantha* stem bark compared to the control induced the inhibition of proton pumps in *S. Typhi*, suggesting that *S. Typhi* is one of the targets of action of certain active compounds present in this extract.

A biofilm is a sessile form of bacterial existence on solid surfaces or air-liquid interfaces, in which bacteria multiply [22]. Its eradication is difficult to achieve because of the host defenses and the inherent resistance of antibiotics and biocides. In addition, several mechanisms are used to explain the resistance of biofilms to antimicrobials, making it difficult to predict the behavior of biofilm cells. The anti-biofilm activity of the ethanolic extract of *E. chlorantha* stem bark evaluated after 24 hours gave a percentage of biofilm inhibition of 89.12%, slightly lower than that of ciprofloxacin (90.12%) which was used as a positive control. This extract would significantly affect the elimination and / or inactivation of biofilms. In fact, the extracts of this medicinal plant can influence the formation of the biofilm by damaging the structures of the microbial membrane [23], by inhibiting the synthesis of peptidoglycan and/or modulating the detection of quorum [24]. Regarding the latter case, several approaches involving quorum interference have been studied and they represent the most recent strategies to counter gastroenteric infections including salmonellosis.

Conclusion

This study showed that although the activity of this plant appears moderate as compare with the standard antibiotics, it exerts significant antisalmonellal effects on the strain investigated in this study. Studies on the ability of *E. chlorantha* to inhibit biofilm formation and *salmonella* proton pumps were interesting and might lead to new chemical drugs with antisalmonellal potential. This plant constitutes a good source of natural substance and can be useful in the treatment of typhoid fever.

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