

## Mini Review

# Review of Traditional and Non-Traditional Medicinal Genetic Resources in the USDA, ARS, PGRCU Collection Evaluated for Flavonoid Concentrations and Anthocyanin Indexes

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## Abstract

Non-traditional medicinal species include velvetleaf (*Abutilon theophrasti* Medik.), Desmodium, *Terranus labialis* (L.f.) Spreng. and the traditional roselle (*Hibiscus sabdariffa* L.). Flavonoids and anthocyanins have been shown to have anti-cancer activities in humans. Fruit and leaves from velvetleaf, seeds from *D. discolor* Vogel, *D. incanum* (G. Mey) D.C., *D. intortum* (Mill.) Urb., D. E. Mey., *D. tortuosum* (Sw.) D.C., *T. labialis*, and calyces from roselle accessions in the USDA, ARS, PGRCU collection could be sources of myricetin, quercetin, kaempferol, isorhamnetin, luteolin, apigenin, and anthocyanins. The objectives of this review article are to report medicinal plant progress for flavonoid and anthocyanin index variability among these species which can be used to develop superior cultivars for use as nutraceuticals, functional foods, and phyto-pharmaceuticals.

**Keywords:** Flavonoid; Anthocyanin index; Medicinal plant; Velvetleaf; Roselle; Legumes

## Introduction

Many species in the USDA, ARS, Plant Genetic Resources Conservation Unit (PGRCU) germplasm collection contain novel flavonoid traits for use as medicinal or functional food plants [1-7]. Additional species conserved in the PGRCU collection have potential use as medicinal plants including velvetleaf (*Abutilon theophrasti* Medik.) which has been used non-traditionally to alleviate ephemeral fever in animals [8]. Other potential non-traditional medicinal species for livestock could include *Desmodium intortum* (Mill.) Urb. *D. sandwicense* E. Mey., *D. incanum* (G. Mey.) DC., *D. discolor* (Vogel), and *D. tortuosum* (Sw.) DC. *Desmodium intortum* reduces the worm parasite (*Haemonchus contortus*) in goats [9], *D. sandwicense* is cold tolerant [10], *D. incanum* dominates natural pastures in Brazil [11], *D. discolor* provides hay with good animal palatability [12], and *D. tortuosum* is sold as wild bird feed. The legume, *Terramus labialis* (L.f.) Spreng. is used as a pulse food crop by humans in southern India [13] and roselle calyces (*Hibiscus sabdariffa* L.) are traditionally used in health teas [1].

Dietary supplements including herbal medicinal plant sales increased to about \$6 billion in 2013 [14]. Flavonoids such as quercetin, kaempferol, myricetin, isorhamnetin, luteolin, apigenin, and anthocyanins have potential for use as new medicines from plants. The flavonoid, quercetin is apoptotic to human breast cancer cells [15], and kaempferol reduces cancer cell growth and seems to protect normal cells [16]. Myricetin in combination with chlorogenic acid and quercetin lowers blood glucose levels in type 2 diabetes [17]. Isorhamnetin is more cytotoxic to gastric cancer when combined with chemotherapy medicines [18]. Luteolin in combination with

other chemicals is apoptotic to lung cancer and carcinoma cells of the head and neck cancer cell lines [19], and apigenin is effective against breast cancer cells [20]. Anthocyanins have been shown to have chemopreventive effects [21]. Therefore it was very important to report this review because these flavonoids from medicinal species representing several countries of origin in the PGRCU collection. In addition, leaf anthocyanin indexes needed to be evaluated from the majority of the velvetleaf collection. An anthocyanin index value predicts estimated and non-destructive anthocyanin content in plants [22]. Evaluations from one traditional and several non-traditional species in the PGRCU germplasm collection including velvetleaf [2], *D. discolor*, *D. incanum*, *D. intortum*, *D. sandwicense*, *D. tortuosum* [6], roselle, (*H. sabdariffa*) [1], and *T. labialis* [7] for flavonoid variability using reverse-phase HPLC will be discussed. Velvetleaves were also evaluated for Anthocyanin indexes using an anthocyanin meter as described in [2]. There is little information in the literature regarding additional research work for the specific flavonoids discussed in this paper.

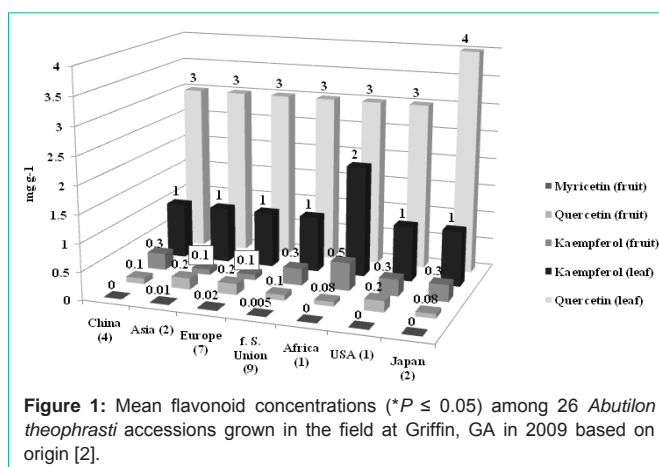
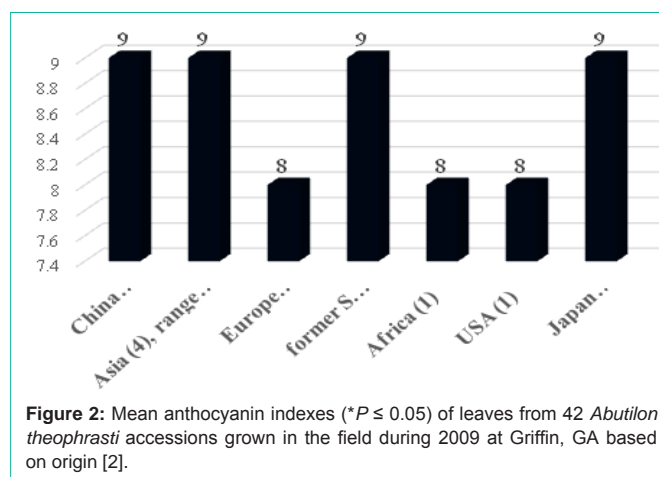
## Velvetleaf

Forty two velvetleaf (2009) accessions (Table 1) were grown in the field at Griffin, GA for 1 year (2009) and evaluated for anthocyanin indexes using an ACM-200 plus anthocyanin index meter (Opti-Sciences, Hudson, NH). Quercetin, kaempferol, and myricetin concentrations were quantified using reverse-phase HPLC [2] from 26 accessions. Leaves and fruit were collected from each accession after about 8 weeks of growth and stored at -20°C until analysis. About 0.3 g of mature ground velvetleaf and fruit tissue was used for flavonoid reverse-phase HPLC evaluations. Additional methods and research results were reported in [2]. Significant variation for flavonoids

**Table 1:** Species, number of accessions, and country of origin used for flavonoid evaluations.

Species	Number of accessions	Country of origin
<i>Abutilon theophrasti</i>	8	China
	4	Middle Asia, India
	14	Europe
	12	Former Soviet Union
	1	Africa
	1	United States
<i>Desmodium discolor</i>	2	Brazil
	1	India
<i>Desmodium incanum</i>	2	Brazil
	1	Florida, U.S.A.
<i>Desmodium intortum</i>	1	Brazil
	1	Spain
<i>Desmodium sandwicense</i>	10	Australia
<i>Desmodium tortuosum</i>	1	Australia
	1	India
	1	Tanzania
	1	Trinidad and Tobago
	2	Virgin Islands, U.S.A.
<i>Hibiscus sabdariffa</i>	8	St. Croix, Virgin Islands
<i>Teramnus labialis</i>	4	Dominican Republic
	3	Kenya
	3	S. Africa
	5	Virgin Islands, U.S.A.

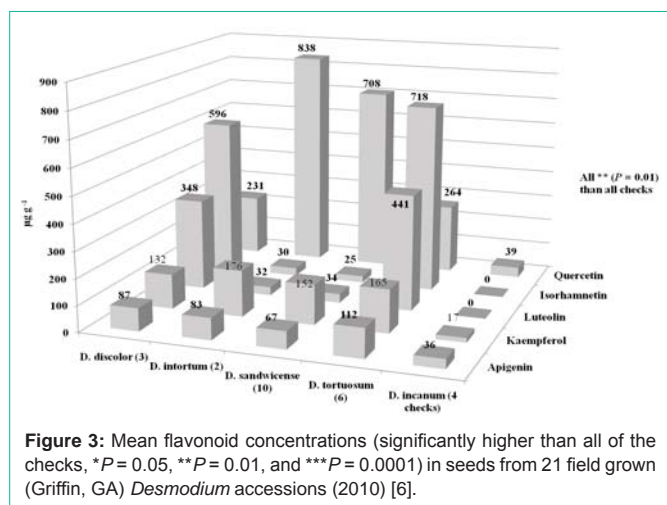
and anthocyanin indexes among velvetleaf accessions occurred. Overall, quercetin and kaempferol production from velvetleaves were superior to myricetin, quercetin, and kaempferol production from velvetleaf fruit based on country of origin (Figure 1), adapted from data in [2]. We found mean concentrations of quercetin ( $4 \text{ mg g}^{-1}$ ,  $*P \leq 0.05$ ) produced from velvetleaves of the Japanese accessions (PI 499255 and PI 499213) were higher than many accessions from China, Asia, Europe, former Soviet Union, Africa, and the United States (Figure 1). Mean kaempferol production ( $2 \text{ mg g}^{-1}$ ,  $*P \leq 0.05$ ) from velvetleaves originating from Africa exceeded those velvetleaves from many of the other countries also. Mean anthocyanin indexes of velvetleaves from China, Asia, the former Soviet Union, and Japan averaging 9 ( $*P \leq 0.05$ ) were higher than those indexes from velvetleaves originating from Europe, Africa, and the United States (averaging 8,  $*P \leq 0.05$ ) (Figure 2), adapted from data in [2]. Tian et al. 2012 identified quercetin and luteolin in velvetleaf exocarps. They also found naringenin in leaves and exocarps as well as rutin in roots, stems, leaves, seeds, and exocarps [23]. However they did not identify myricetin in any velvetleaf organ. Matlawska and Sikorska [24] observed the identification of kaempferol, myricetin, and quercetin glycosides in velvetleaf flowers. Velvetleaf seed coats were reported to consist of delphinidin, cyanidin, quercetin, myricetin, (+)-catechin, and (-)-epicatechin with anti-fungal and allelopathic

**Figure 1:** Mean flavonoid concentrations ( $*P \leq 0.05$ ) among 26 *Abutilon theophrasti* accessions grown in the field at Griffin, GA in 2009 based on origin [2].**Figure 2:** Mean anthocyanin indexes ( $*P \leq 0.05$ ) of leaves from 42 *Abutilon theophrasti* accessions grown in the field during 2009 at Griffin, GA based on origin [2].

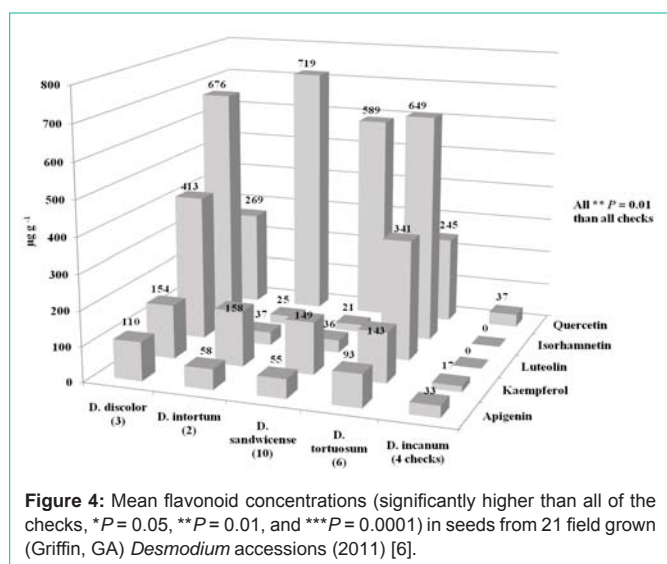
potential [24,25].

### **Desmodium species**

Twenty-five *Desmodium* accessions including 3 *D. discolor*, 2 *D. intortum*, 10 *D. sandwicense*, 6 *D. tortuosum*, and 4 *D. incanum* controls were grown in the field at Griffin, GA for two years (2010-2011). Mature pods were harvested from each *Desmodium* accession between 3 to 6 months after transplanting. The pods were dried at  $21^\circ\text{C}$  and 25% relative humidity for 1 week and then threshed. Seeds from each accession were evaluated for flavonoid concentrations including quercetin, isorhamnetin, luteolin, kaempferol, and apigenin using reverse-phase HPLC [6]. Additional methods and research details were reported in [6]. We found mean flavonoid concentrations were significantly higher ( $*P = 0.05$ ,  $**P = 0.01$ , and  $***P = 0.0001$ ) than all of the *D. incanum* control accessions (Figure 3). (Figure 3) (Adapted from data in [6]) shows that the most quercetin was produced from the *D. intortum* accessions (averaging  $838 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) and followed closely by the *D. sandwicense* accessions (averaging  $708 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) when compared to all of the *D. incanum* control accessions (averaging  $18 \mu\text{g g}^{-1}$ ) during 2010. However, the most isorhamnetin was produced from the *D. tortuosum* (averaging  $718 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) and *D. discolor* (averaging  $596 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) accessions when compared to the controls ( $0 \mu\text{g g}^{-1}$ ) during 2010. The *D. tortuosum* accessions produced the most luteolin concentrations (averaging  $441 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) when compared to the controls ( $0 \mu\text{g g}^{-1}$ ). More kaempferol (averaging  $176 \mu\text{g g}^{-1}$ ,  $***P = 0.0001$ ) was



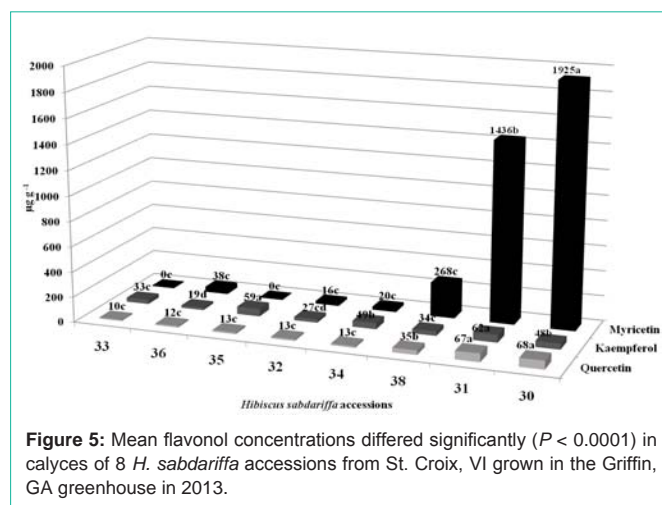
**Figure 3:** Mean flavonoid concentrations (significantly higher than all of the checks, \* $P = 0.05$ , \*\* $P = 0.01$ , and \*\*\* $P = 0.0001$ ) in seeds from 21 field grown (Griffin, GA) *Desmodium* accessions (2010) [6].



**Figure 4:** Mean flavonoid concentrations (significantly higher than all of the checks, \* $P = 0.05$ , \*\* $P = 0.01$ , and \*\*\* $P = 0.0001$ ) in seeds from 21 field grown (Griffin, GA) *Desmodium* accessions (2011) [6].

produced in the *D. intortum* accessions and more apigenin (averaging  $112 \mu\text{g g}^{-1}$ , \*\* $P = 0.01$  and \*\*\* $P = 0.0001$ ) was produced in the *D. tortuosum* accessions when compared to the controls (averaging  $26 \mu\text{g g}^{-1}$ ).

During 2011, both *D. intortum* and *D. sandwicense* accessions produced the most quercetin (averaging  $719$  and  $589 \mu\text{g g}^{-1}$ , \*\*\* $P = 0.0001$ , respectively) when compared to the *D. incanum* controls (averaging  $17 \mu\text{g g}^{-1}$ ) (Figure 4) which were similar to the 2010 results. Similar results were observed for isorhamnetin. However, the *D. discolor* accessions produced a higher average of isorhamnetin ( $676 \mu\text{g g}^{-1}$ , \*\*\* $P = 0.0001$ ) followed by the *D. tortuosum* accessions (averaging  $649 \mu\text{g g}^{-1}$ , \*\*\* $P = 0.0001$ ) when compared to the controls ( $0 \mu\text{g g}^{-1}$ ) during 2011. The *D. discolor* accessions produced the most luteolin concentrations ( $413 \mu\text{g g}^{-1}$ , \*\*\* $P = 0.0001$ ) when compared to the controls ( $0 \mu\text{g g}^{-1}$ ). Similar concentrations of kaempferol were produced from all *Desmodium* species (ranging from  $143 - 158 \mu\text{g g}^{-1}$ , \*\* $P = 0.01$  and \*\*\* $P = 0.0001$ ) when compared to the controls (averaging  $17 \mu\text{g g}^{-1}$ ). Similar concentrations of apigenin were also produced in the *Desmodium* accessions (ranging from  $55 - 110 \mu\text{g g}^{-1}$ , \* $P = 0.05$ , \*\* $P = 0.01$ , and \*\*\* $P = 0.0001$ ). However, the *D. discolor* accessions produced slightly more apigenin (averaging  $110 \mu\text{g g}^{-1}$ , \*\* $P$



**Figure 5:** Mean flavonoid concentrations differed significantly ( $P < 0.0001$ ) in calyces of 8 *H. sabdariffa* accessions from St. Croix, VI grown in the Griffin, GA greenhouse in 2013.

=  $0.01$ ) than the controls (averaging  $33 \mu\text{g g}^{-1}$ ). Several other closely related *Desmodium* species are used in traditional Chinese medicine [26]. They identified luteolin in above ground plant parts from *D. sambuense*; apigenin in the whole plant and roots of *D. styracifolium*; kaempferol and quercetin in plant parts of *D. styracifolium* and *D. gangeticum*.

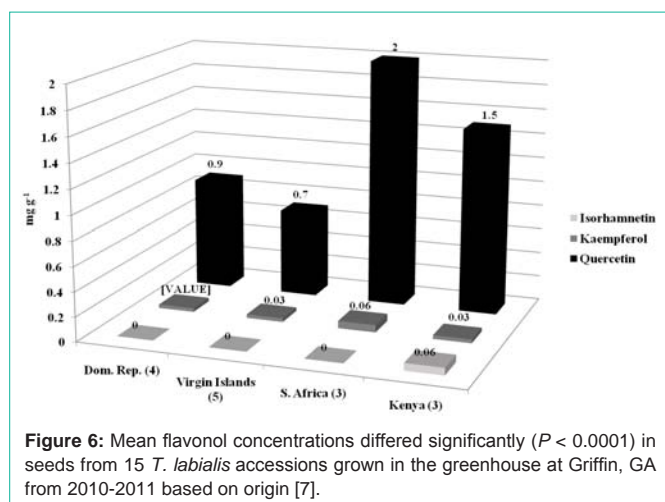
### *Hibiscus sabdariffa*

Eight photo-period sensitive roselle accessions originating from Saint Croix, Virgin Islands were grown in  $27.5 \text{ cm} \times 27.5 \text{ cm}$  plastic pots containing potting soil in the greenhouse during 2013 at Griffin, GA. Mature calyces were harvested from each roselle accession 5 to 6 months after planting. Freeze dried roselle calyces from eight accessions were ground to a fine powder and used for flavonoid analysis in a reverse-phase HPLC. A similar protocol in the paper, [1] was used. However, an XDB-phenyl column was used during the HPLC procedure. Additional modifications were: the mobile phase was 4:1 acetonitrile/methanol (B) and 0.1% formic acid in sterile water (A); the flow rate was  $0.75 \text{ ml/min}$  at a gradient of 5% B for 1 min. followed by 40% B for 20 min.; sample injection rate was  $10 \mu\text{l}$ ; and UV detection was monitored with a  $370 \text{ nm}$  DAD. The accessions 30 and 31 produced significantly more myricetin ( $1925 \mu\text{g g}^{-1}$  and  $1436 \mu\text{g g}^{-1}$ , respectively, \*\*\* $P < 0.0001$ ) and quercetin ( $68 \mu\text{g g}^{-1}$  and  $67 \mu\text{g g}^{-1}$ , respectively, \*\*\* $P < 0.0001$ ) in their calyces than all other roselle accessions (Figure 5). However, Ramirez-Rodriguez et al. 2011 found roselle calyces ranged in quercetin-3-rutinoside content from  $8450$  to  $9380 \mu\text{g g}^{-1}$ . Accessions 31 and 35 produced more kaempferol ( $62 \mu\text{g g}^{-1}$  and  $59 \mu\text{g g}^{-1}$ , respectively, \*\*\* $P < 0.0001$ ) than all other accessions [27].

### *Teramnus labialis*

Fifteen photo-period sensitive *T. labialis* accessions including 4 from the Dominican Republic, 5 from the Virgin Islands, 3 each from S. Africa and Kenya were grown in  $27.5 \text{ cm} \times 27.5 \text{ cm}$  plastic pots containing potting soil in the greenhouse during 2010-2011 at Griffin, GA. Mature pods were harvested from each *T. labialis* accession about 5 to 8 months after planting, dried at  $21^\circ\text{C}$ , 25% RH for 1 week, and threshed. Seeds from each accession were evaluated for quercetin, kaempferol, and isorhamnetin concentrations using reverse-phase HPLC [7]. Additional methods and research details were reported in [7]. There was more quercetin detected in the S. African ( $2 \text{ mg g}^{-1}$ , \*\*\* $P$





**Figure 6:** Mean flavonol concentrations differed significantly ( $P < 0.0001$ ) in seeds from 15 *T. labialis* accessions grown in the greenhouse at Griffin, GA from 2010-2011 based on origin [7].

< 0.0001) and Kenyan accessions ( $1.5 \text{ mg g}^{-1}$ ,  $***P < 0.0001$ ) (Figure 6). However, very low amounts of kaempferol and isorhamnetin were found in all of the accessions. Flavonoid compound content ( $\sim 2.5 \text{ mg g}^{-1}$ ) in entire plants of *T. labialis* was reported by Vasagam et al. [28] and were similar to those content values we found in *T. labialis* seeds. However the flavonoid compounds found by Vasagam et al. 2012 were not identified [28].

The objectives of this review article are to report medicinal plant progress for flavonoid and anthocyanin index variability among these species which can be used to develop superior cultivars for use as nutraceuticals, functional foods, and phyto-pharmaceuticals.

## Conclusion

Since roselle calyces [1] and *T. labialis* seeds [13] are edible and contain valuable flavonoids, they have functional food potential because they are currently used in various food products and health teas. However, further conformational studies should be conducted. The Academy of Nutrition and Dietetics defines a functional food as a food that provides additional health benefits that may reduce disease risk and/or promote good health. Roselle accessions from Saint Croix, Virgin Islands and *T. labialis* accessions from Kenya and S. Africa consist of high quality genotypes containing elevated concentrations of myricetin and quercetin. Flavonoids from these species may contribute antioxidants, prevent cancer, and lower cholesterol when consumed by humans. The *A. theophrasti* and *Desmodium* species may provide animals and humans with natural constituents such as flavonoids when eaten. These traditional and non-traditional medicinal species in the USDA, ARS, PGRCU germplasm collection consists of enough genetic variability to implement a breeding program for the development of new cultivars or germplasm with high flavonoid concentrations.

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