

## Special Article: Thrombin Inhibitors

# New Methodological Approach for Coagulation Assays Using Chicken Plasma Intrinsic Properties

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**Received:** May 12, 2023**Accepted:** June 13, 2023**Published:** June 20, 2023**Abstract**

**Background:** Sensitivity of classical coagulation assays by using mammalian plasmas to pro- and anticoagulant compounds including venom or toxins occurs on a microscale level (micrograms). Although it improves responses to agonists, recalcification triggers a relatively fast thrombin formation process. The Recalcification Time (RT) of factor XII- deficient Chicken Plasma (CP) is comparatively long ( $\geq 1800$  seconds) when compared to human plasma or others. Our objective was to compare its sensitivity with that presented by human plasma samples to Unfractionated Heparin (UH), a prototype anticoagulant compound, under similar conditions through rotational thromboelastometry.

**Methods:** To find doses of UH sufficient enough to prolong the Clotting Time (CT) parameter of these activated plasmas to values within their normal RT ranges.

**Results:** In total,  $0.0065 \pm 0.0009$  IU of UH ( $n=6$ ) was detected in  $260 \mu\text{L}$  of CP samples, but only  $0.125 \pm 0.012$  IU of UH was sufficient to induce a similar effect in activated human plasma samples.

**Conclusion:** The higher sensitivity of CP to anticoagulants could be useful for (a) detection of anticoagulant compounds in substances of unknown origin; (b) purification procedures of anticoagulant toxins from crude animal venoms and (c) determination of relative potencies of agonists and their selective antagonists such as pharmaceutical agents, antivenoms or natural inhibitors of venom toxins with a better result in kinetic clotting parameters.

**Keywords:** Coagulation process; Chicken; Factor XII deficiency; Animal models; Biomedical research; Rotational thromboelastometry

**Introduction**

The coagulation cascade consists of a complex network of interactions resulting in thrombin-mediated cleavage of fibrinogen to fibrin, which is one major component of a thrombus. The coagulation cascade can be initiated either by the "extrinsic pathway", the release of tissue factor leading to activation of factor VII to the tissue factor/factor VIIa complex, or by the "intrinsic pathway", so-called contact activation leading via factors XII, XI and IX to the assembly of the tenase complex consisting of activated factors VIII and IX and  $\text{Ca}^{2+}$ . Both complexes can activate factor X, which induces the formation of the prothrombinase complex consisting of activated factors X, V and  $\text{Ca}^{2+}$  on a phospholipid surface. The latter leads to the activation of thrombin, which in turn cleaves fibrinogen to fibrin [1].

Circulating blood cells, coagulation factors and vascular wall components of mammalian species are considered as targets of a variety of coagulant agonists, including venom toxins [2], which have been investigated both as laboratory reagents and as potential therapeutic agents. The study of venom pro- or anticoagulant toxins has been traditionally assessed directly by simple clotting studies on mammalian plasma samples. However, these classical coagulation assays present some limitations. For example, most of in vitro techniques designed for assaying the coagulant activity of snake venoms or toxins on mammalian plasma samples offer a single parameter for one complex enzymatic process [3]. Attempts to overcome this kind of limitation have been enacted with the use of different strategies, such

as the monitoring of viscoelastic changes in plasma or Whole Blood (WB) samples with thromboelastography and, more recently, rotational thromboelastometry. These techniques improve the evaluation of the clotting process, since it monitors several parameters, such as the stages of clot initiation, formation, stability, strength and dissolution [4]. This technology has been used in various studies on the pro- or anticoagulant activities of several snake venoms or toxins on citrated human whole blood, as well as plasma samples of rats and dogs [5–10].

Citrated plasma is the substrate for almost all coagulation-specific laboratory tests and is derived from whole blood drawn into a tube containing liquid 3.2% sodium citrate at a ratio of nine parts whole blood and one part citrate. Citrate acts as a  $\text{Ca}^{2+}$  chelating agent to prevent coagulation of the sample so that all the clotting factors are preserved and can be evaluated. Chelation of  $\text{Ca}^{2+}$  determines another obvious restriction of classical coagulation assays, since non-recalcified plasma samples such as those used in the minimum coagulant dose require relatively large amounts of venom or toxins [11]. Attempt to improve sensitivity to agonists could be achieved by the addition of  $\text{Ca}^{2+}$  and phospholipids, since these cofactors are essential in some enzymatic steps of the coagulation cascade [12,13]. However, if higher sensitivity could be achieved, this strategy simultaneously starts and accelerates enzymatic reactions of the coagulation process; as a consequence, the time interval in which agonists can be assayed becomes limited (to around 600 seconds). This limitation associated with recalcified mammalian plasma samples becomes evident when small amounts of the proteins being tested are available; for example, during screening strategies for purification procedures of individual toxins from crude venoms or during assays for detecting the presence of pro- or anticoagulant substances in samples of unknown origins. This restricted time interval does not allow the elaboration of one typical dose–response curve to agonists or antagonists.

Another strategy to improve sensitivity to agonists by using recalcification could be achieved through the use of reptiles and avian blood or plasma samples, which present a prolonged Recalcification Time (RT) [14].

By testing recalcified factor XII-deficient Chicken Plasma (CP) samples through rotational thromboelastometry, we recently published one study in which we described that addition of the cofactors  $\text{Ca}^{2+}$  and phospholipids to this plasma elicited a time lapse sufficient (>1800 seconds) for the elaboration of one typical dose–response curve after testing with the *in vitro* pro-coagulant venom of the snake *Bothrops jararaca* (*B. jararaca*), displacing its sensitivity to a nanoscale range [15]. A similar strategy was later used to test the response of CP samples to the anticoagulant activity of two venom toxins: crotoxin (from *Crotalus durissus terricus* snake venom) [16] and Phospholipase A2 (PLA2) from *Apis mellifera* bee venom [17]. However, the relative magnitude of the sensitivity of this pharmacological preparation to anticoagulant substances is generally unknown.

Classical coagulation assays such as the Prothrombin Time (PT), Activated Partial Thromboplastin Time (APTT) and Thrombin Time (TT) are global coagulation screening tests routinely used for assessment of the coagulation status in patients with suspected acquired deficiencies of coagulation factors of the intrinsic and common pathways of the coagulation system, and are also extensively used to monitor anticoagulant agents, including direct thrombin inhibitors [18,19].

In this study, we challenged chicken and human plasma sam-

ples under similar conditions through rotational thromboelastometry to compare their sensitivity to the anticoagulant effect of Unfractionated Heparin (UH), a sulfated polysaccharide and an essential drug that has been used as a clinical anticoagulant worldwide for over 90 years [20]. These assays were conducted under controlled conditions, i.e., these plasma samples were simultaneously activated with standardized doses of one classical activator of coagulation (the aPTT clot reagent, containing ellagic acid and synthetic phospholipids), taking their Recalcification Time (RT) as a reference.

The highest sensitivity of recalcified CP to the *in vitro* heparin anticoagulant activity (almost 19-fold higher than that presented by human plasma) described in this paper reinforces our previous findings using anticoagulant compounds such as crotoxin from *Crotalus durissus terricus* venom and PLA2 from *Apis mellifera* bee venom.

## Materials and Methods

### Reagents

Activated Partial Thromboplastin Time Reagent (aPTT clot), containing ellagic acid plus synthetic phospholipids, was from BIOS Diagnostica (SP, Brazil); pooled 4% citrated normal human plasma (maintained at  $-80^{\circ}\text{C}$ ) from Sigma-Aldrich, Inc. (USA); unfractionated sodium heparin (Hepamax-S) (5,000IU/mL) from swine intestinal mucosa, from Blau Farmacêutica (Cotia, SP, Brazil). All chemicals were of analytical reagent grade.

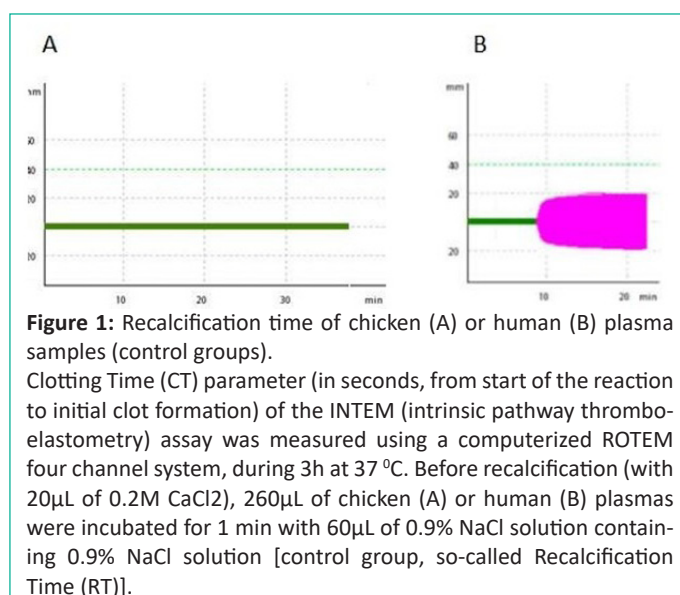
### Animals

Adult female *Gallus gallus domesticus* chickens (1.0 to 1.7kg) were used. All birds were a donation from commercial breeding (Granja Ino, São Paulo, SP, Brazil). The animals had free access to water and food, and were kept under a 12h light/dark cycle.

The experimental protocol was approved by the Ethic Committee on Animal Use of the Butantan Institute (protocol CEUA number 6259250918).

### Obtention of Citrated Chicken Plasma Samples

Blood samples were collected into syringes containing 1:10 (v/v) 3.2% trisodium citrate and then closed with cotton-yarn. Chicken plasma was obtained after centrifugation at 3000xg for 20 min at  $4^{\circ}\text{C}$  and stored at  $-80^{\circ}\text{C}$ .

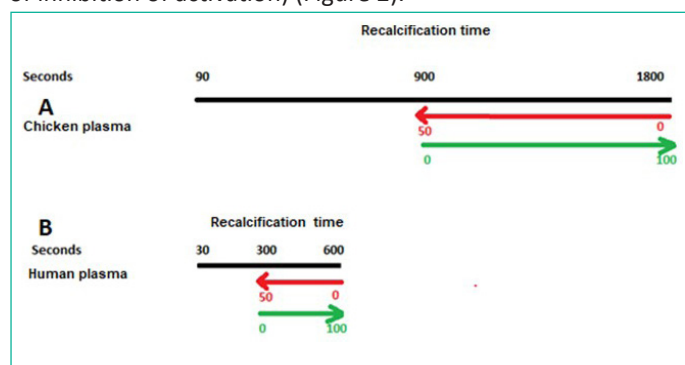


## Thromboelastometric Assays with Chicken or Human Plasma Samples

**Standardization of the activator aPTT clot mean coagulant dose:** Clotting Time (CT) parameter (in seconds, from start of the reaction to initial clot formation) of the INTEM (intrinsic pathway thromboelastometry) assay was measured using a computerized ROTEM four channel system (Pentapharm, Munich, Germany), during 3h at 37°C. In summary, before recalcification (with 20µL of 0.2M CaCl<sub>2</sub>), 260µL of human or chicken plasmas were incubated for 1 min with 60µL of 0.9% NaCl solution containing 0.9% NaCl solution [control group, so-called Recalcification Time (RT)] (Group 1) or crescent doses of the activator aPTT clot reagent, for determination of its Mean Coagulant Dose (MCD) (Group 2). The RT of CP samples in control group is relatively prolonged ( $\geq 1800$  seconds), when compared to that presented by human plasma (almost 600 seconds). For the elaboration of a dose–response curve of CP samples to tested doses of the activator aPTT clot reagent, reference values of 90, 900 and 1800 seconds were standardized as maximum (90%), mean (50%) and minimum (10%) coagulant responses, respectively. On the other hand, for the elaboration of a dose–response curve of human plasma samples to tested doses of the activator aPTT clot reagent, reference values of 30, 300 and 600 seconds were standardized as maximum (90%), mean (50%) and minimum (10%) coagulant responses, respectively (Figure 1).

## Standardization of the Relative Anticoagulant Dose of Heparin on Human- or Chicken-Activated Plasma Samples

Before recalcification, 260µL of chicken or human plasmas were incubated for 1 min with 50µL of 0.9% NaCl solution containing the MCD dose of the activator aPTT clot reagent plus 10µL containing 0.9% NaCl solution (Group 3), or decreasing doses of UH, to determine Relative Anticoagulant Doses (RAD) (Group 4). Concerning the CP, the RAD of UH was defined as its minimum doses (in IU) sufficient to displace CT values induced by the MCD of the activator aPTT clot reagent (900 seconds, or 50% activation) to values inside the normal range of RT ( $\geq 1800$  seconds in 100% of assays, considered as 100% of inhibition of activation). On the other hand, the RAD of UH upon human plasma was defined as minimum doses (in IU) sufficient to displace CT values induced by the MCD of the activator aPTT clot reagent (300 seconds, or 50% activation) to values inside the normal range of RT in 100% of assays (and considered as 100% of inhibition of activation) (Figure 2).



**Figure 2:** Protocol for determination of the activator aPTT clot mean coagulant dose and the relative anticoagulant dose of heparin on human- or chicken-activated plasma samples.

*In black:* Approximate recalcification time of chicken (A) and human (B) plasma samples; *in red:* crescent doses of the activator aPTT clot reagent decreases the clotting time parameter; *in green:* crescent doses of unfractionated heparin (UH) increases the clotting time parameter to values inside the normal range of recalcification time.

## Statistical Analysis

Values of the CT parameter were monitored in seconds and expressed as mean  $\pm$  SD of six independent experiments. One-way analyses of variance (ANOVA) comparisons between conditions were used, followed by Newman–Keuls post hoc analysis. Values defining the MCD of the activator aPTT clot reagent were determined by means of linear regression analysis, with Graph-Pad Prism 5.0 software (San Diego, CA, USA).  $p < 0.05$  was considered statistically significant.

## Results

### Standardization of the Activator aPTT Clot mean Coagulant Dose upon Chicken or Human Plasma Samples

Careful collection and centrifugation of chicken blood samples are required, since foam or bubble formation into syringes leads to cell lysis and possible activation of the coagulation process, shortening RT of control-treated samples. CT values of control-treated samples of recalcified CP (or RT) were significantly prolonged ( $1961 \pm 311$  seconds,  $n = 6$ ) when compared with those presented by human plasma ( $574 \pm 89$  seconds,  $n = 6$ ). The MCD of aPTT clot reagent was the amount (in µL) that shortened the CT parameter of the control group to values situated inside a range that induced mean coagulant responses (900 and 300 seconds, for CP and human plasma samples, respectively), and considered as 50% activation. These values of the MCDs of aPTT clot reagent that shortened CT parameters of CP and human plasma to 900 and 300 seconds, respectively, were calculated by using linear regression analysis for each experimental group (Figure 2).

**Standardization of the Relative Anticoagulant Dose of the UH on Chicken- or Human-Recalcified and -Activated Plasma Samples:** UH presented a dose-dependent anticoagulant effect when added to CP simultaneously recalcified and activated with the MCD of the activator aPTT clot reagent, and minimum doses of  $0.0065 \text{ IU} \pm 0.0009$  ( $n = 6$ ) IU were sufficient to induce 97.5% inhibition of activation. A similar anticoagulant effect was observed upon human plasma samples, but minimum doses sufficient to induce 95% inhibition of activation were  $0.125 \pm 0.012$  IU ( $n = 6$ ) (Figure 2).

## Discussion

In previous studies with crotoxin and bee venom PLA<sub>2</sub>, we found that recalcified CP samples presented sensitivity that was unusually superior to that presented by human plasma under similar conditions, when assayed for detecting the in vitro anticoagulant activities of two animal venom toxins [16,17]. Thus, our goal was to extend these studies by comparing the sensitivity of these two plasma samples in detecting the anticoagulant effect of heparin, a classical compound that has been used extensively for the last 70 years to treat thromboembolic disorders. Heparin is a highly sulfated polysaccharide that is used as a major clinical anticoagulant, and its major biological role is the regulation of the coagulation system. Besides presenting a wide range of biological roles related to inflammation, angiogenesis, growth factors, developmental process and various disease processes, heparin binds to and enhances the activity of anti-thrombin, a serine protease inhibitor, and targets coagulation proteins including activated factors X and II (thrombin) [21–26]. Antithrombin is present in the blood plasma of each of the terrestrial vertebrate groups, including mammals, birds, reptiles and amphibians [27].

The APTT is widely used for monitoring anticoagulation therapy with low levels of heparin (from 0.1IU/mL to approximately 1IU/mL). A therapeutic APTT range of 1.5 to 2.5 times control is widely accepted. It has been shown that this range corresponds to 0.2 to 0.4IU/mL of UH by protamine titration and 0.3 to 0.7IU/mL by anti-Xa assay [18-19].

In this study, by using the rotational thromboelastometry technique, our strategy was: (i) first, to define normal range values of the CT parameter of the INTEM profile (recalcification time) of recalcified chicken and human plasma samples. Values of the CT parameter found ( $574\pm 89$  and  $1961\pm 311$ , for human and chicken plasmas, respectively) presented themselves according to previous studies [15-17]; (ii) second, to standardize the MCD of the activator aPTT clot reagent, since values of the CT parameter situated between the minimum and maximum procoagulant response of these plasmas may be considered as a region over which responses are most sensitive; (iii) finally, to quantify the anticoagulant effect of UH, defining its minimum doses (in IU) sufficient to displace CT values induced by the MCD of the activator aPTT clot reagent to values inside the normal ranges of the RT of these plasma samples, in 100% of assays.

We reported earlier that CP samples presented sensitivity to the anticoagulant effect of bee venom PLA2 almost 20-fold higher than that presented by human plasma samples. Accordingly, a sensitivity almost 19-fold higher to the *in vitro* anticoagulant effect of UH was found here, since the RAD was  $0.125\pm 0.012$  IU and  $0.0065\text{IU}\pm 0.0009$  IU for human and CP samples, respectively.

Below, we present some considerations justifying why, in our opinion, CP samples present a sensitivity two orders of magnitude higher than that presented by human plasma samples to the anticoagulant effect of UH.

Time to spontaneous clot formation after recalcification is highly variable in the plasma of mammal and non-mammal species. It has been suggested that slow clotting of reptilian and avian blood, and the complex hemostatic mechanism with particularly high platelet counts and rapid clotting of the blood of carnivores, is a rather extreme example of the way in which evolutionary trends in physiology and lifestyle may place differing demands on the coagulation system [28].

Four constituents form the mammalian intrinsic pathway of coagulation: the trypsin-type serine proteases factors XIIa, XIa, plasma kallikrein and the cofactor high molecular weight kininogen [29]. Presence of factor XII (Hageman factor) is one key variable that negatively influences the RT of plasma samples [30]. Accordingly, extreme slowness in spontaneous *in vitro* thrombin/fibrin generation, even after the addition of  $\text{Ca}^{2+}$  ions, is a hallmark of the plasma of patients with a factor XII deficiency [31].

The blood coagulation system has been studied in several avian species and the findings are particularly interesting because they suggest an almost total absence of surface contact activation of an intrinsic pathway [32]. In fact, the main difference between the human and chicken coagulation process is that the latter presents functional factor XII deficiency, since the factor XII gene is completely missing in the chicken genome [33]. However, chicken plasma does possess a fully functional extrinsic pathway, and its key coagulant proteins (factors V and X) could be considered as suitable targets or substrates for co-

agulant toxins from several animal venoms [34,35]. Moreover, in contrast with the hemostatic system of some reptilian species [36-40], avian species do not present significant amounts of natural inhibitors against snake venom proteins.

## Conclusion

In conclusion, we propose this functional assay as a sensitive and alternative tool for screening anticoagulant toxins during purification procedures of crude animal venoms or for the detection of anticoagulant compounds in substances of unknown origins. The relatively large RT presented by CP elicits an elaboration of one dose-response curve for searching statistically different doses inducing minimal, mean or maximum coagulant responses to procoagulant agonists such as the activator aPTT clot reagent or some snake venoms, which in turn determines the relative potencies of their selective antagonists such as prototypes of pharmaceutical agents, specific antivenoms [15] or natural inhibitors of venom toxins.

## Author Statements

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### Author Contributions

Conceptualization, Benedito C. Prezoto; methodology, Benedito C. Prezoto, Ivo Lebrun and Monica V. A. Falla; software, Benedito C. Prezoto; validation, Benedito C. Prezoto, Ivo Lebrun and Monica V. A. Falla; formal analysis, Benedito C. Prezoto, Ivo Lebrun and Monica V. A. Falla; investigation, Benedito C. Prezoto, Ivo Lebrun and Monica V. A. Falla; resources, Benedito C. Prezoto and Ivo Lebrun; data curation, Benedito C. Prezoto and Ivo Lebrun; writing—original draft preparation, Benedito C. Prezoto and Ivo Lebrun; writing—review and editing, Benedito C. Prezoto and Ivo Lebrun; visualization, Benedito C. Prezoto, Ivo Lebrun and Monica V. A. Falla; supervision, Benedito C. Prezoto and Ivo Lebrun; project administration, Benedito C. Prezoto and Ivo Lebrun; funding acquisition, Benedito C. Prezoto and Ivo Lebrun. All authors have read and agreed to the published version of the manuscript.

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### Conflicts of Interest

The authors declare no conflict of interest. The funding body for this study had no role in the design of the study; in the collection, analyses, or interpretation of data, in the writing of the manuscript, or in the decision to publish the results.

### Institutional Review Board Statement

The experimental protocol was approved by the Ethic Committee on Animal Use of the Butantan Institute (protocol CEUA number 6259250918).

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