

## Rapid Communication

# Effect and Molecular Mechanism of Wnt/ $\beta$ -Catenin Signaling Pathway on Apoptosis after Spinal Cord Injury

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**Received:** March 29, 2018; **Accepted:** April 18, 2018;**Published:** April 25, 2018**Abstract**

Secondary injury plays a more important role in the development of spinal cord injury (SCI), mainly due to apoptosis, inflammatory response, oxidative stress and other causes; especially neuronal cell apoptosis inhibits the nerve function recovery after SCI. In recent years, the study of wnt signaling after SCI has attracted more attention. Wnt signal pathway is divided into three kinds of signal pathway: the classic signal path (wnt/ $\beta$ -catenin); non-classical signal path (wnt/JNK) and Wnt-Ca<sup>2+</sup> signal path. Previous studies have shown that cell apoptosis activity is activated after inhibition of the wnt/ $\beta$ -catenin signaling pathway in other systemic diseases of the body, while there is no clear description on correlation between wnt/ $\beta$ -catenin signaling pathway and apoptosis after SCI. In our previous study, we found that wnt/ $\beta$ -catenin signaling pathway was negatively correlated with neuronal apoptosis at different time points after SCI. We will continue to demonstrate the effect of inhibition of activation or activation of wnt/ $\beta$ -catenin signaling pathway on neuronal cell apoptosis and the effect on neurological function in vivo and in vitro experiments after SCI. This is the first observation of the relationship between wnt/ $\beta$ -catenin signaling pathway and neuronal apoptosis after SCI. The role of wnt/ $\beta$ -catenin signaling pathway in the recovery of neurological function after SCI and its molecular mechanism may provide a new therapeutic target and program for treating SCI, and provide a strong theoretical basis and experimental basis for the basic study of SCI.

**Keywords:** Spinal Cord Injury; Wnt/ $\beta$ -Catenin Signaling Pathway; Apoptosis

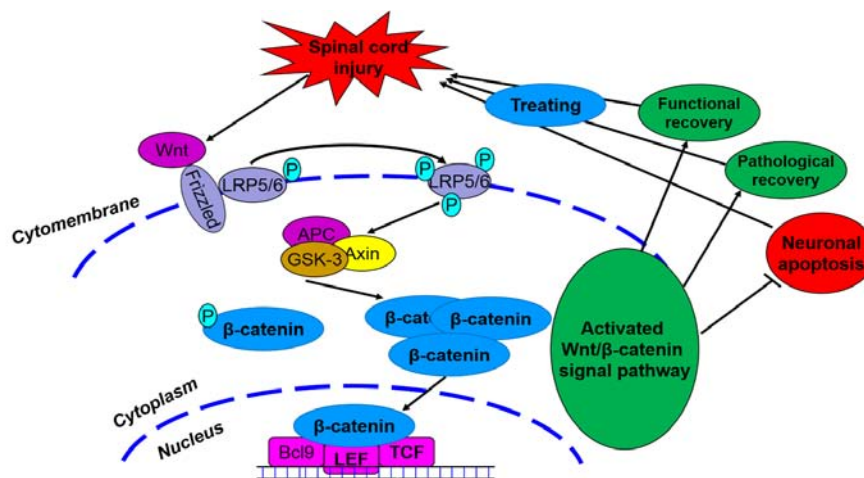
## Rapid Communication

Spinal cord injury (SCI) is a constant challenge in medical research and a global therapeutic problem. As a common injury, SCI often leads to irreversible physical defects that seriously influence the quality of life of patients and introduce grave burden to their family and society. SCI principally comprises two kinds of pathological processes, namely, primary and secondary injuries. Primary injury is chiefly derived from accidents, high-altitude falls, and high-energy violence. Such injuries are often irreversible and may result in uncontrollable factors in the nerve function recovery process after SCI. By contrast, secondary injury refers to the injury after SCI, involving oxidative stress, immune regulation disorder, inflammatory reaction, neuronal autophagy, and apoptotic activity. Secondary injury is an intervention and prevention issue and plays a significant role in SCI; it is also the chief target of clinical treatment after SCI [1,2].

Currently, some general domestic and foreign common treatment options include (1) suitable fixation, which prevents secondary injury of the spinal cord from translocation of the injured sites; (2) reduction of spinal cord edema and secondary injury; (3) hyperbaric oxygen therapy; (4) and surgery [3,4]. However, these treatments rarely alleviate and treat SCI. Thus, a precise molecular mechanism of neural functional recovery after SCI should be developed.

Apoptosis refers to the programmed cell death process regulated by cellular genes and products in the body's cells during development [5]. Apoptosis is widespread in the biosphere; this process occurs not

only in normal physiological state but also in pathological conditions. Apoptosis plays important roles in embryonic development and morphogenesis, normal tissue and cell homeostasis, body defense and immune response, poison-induced disease or cell damage, aging, and tumor progression [6]. Hence, apoptosis is of great potential significance in therapy and biomedical research. During an apoptotic process, the cell nucleus shrinks and wrinkles; foam films are produced, and DNA decomposes into fragments. The apoptotic process is composed of two key components: The pro-apoptotic (e.g., caspase and Bax families) and anti-apoptotic factors (e.g., Bcl-2 family). The caspase family comprises cysteine proteases; its initial group includes caspases -2, -8, -9, -10, and -11, which are closely linked to the pro-apoptotic signaling pathway. When these enzymes are activated, they cut and activate the downstream components (caspase-3 and -6), thereby triggering apoptosis. Anti-apoptotic factors (Bcl-2 family) protect mitochondrial integrity and prevent the release of cytochrome C and the subsequent activation of caspase-9. Such response inhibits the apoptotic activity. The coexistence of pro- and anti-apoptotic factors maintains the organism homeostasis and cell survival [7,8]. Our previous study found that after SCI, the apoptosis of neuronal cells holds an important position. Following SCI, the levels of pro-apoptotic factors (caspase and Bax families) significantly increase, and those of the anti-apoptotic factors (Bcl-2 family) significantly decrease, signifying the activation of neuronal apoptosis. However, excessive neuronal apoptosis adversely affects the functional recovery after SCI [9-12]. This excess inhibits the recovery process of tissue morphology and behavior; thus, neuronal apoptosis serves as a potential target for SCI treatment. Nevertheless,



**Figure 1:** The effect and molecular mechanism of wnt/ $\beta$ -catenin signal pathway on apoptosis after spinal cord injury.

the specific molecular mechanisms underlying the neuronal cell apoptosis after SCI require further exploration and research. This pursuit will provide more accurate theoretical and experimental bases for SCI treatment.

The Wnt family of glycoproteins plays an important role in the progression of central nervous system injury [13]. These glycoproteins mainly influence the proliferation, composition, and survival of nerve cells. The Wnt signaling pathway is mainly divided into three main signaling pathways: the classical (Wnt/ $\beta$ -catenin), non-classical (Wnt/JNK), and Wnt-Ca<sup>2+</sup> signaling pathways. When the Wnt signaling pathway is not activated,  $\beta$ -catenin, as an important downstream protein, functions not only as a classic cell-cell adhesion adapter protein but also as a transcriptional regulatory factor. As such,  $\beta$ -catenin becomes marked by the APC/Axin/GSK-3 $\beta$  complex and then degraded. The  $\beta$ -catenin protein becomes unstable in the cytoplasm, and the number of  $\beta$ -catenin proteins in the nucleus decreases. Ultimately, signal transduction downstream is restricted [13-15]. However, when exogenous signals are transmitted to the Wnt proteins (such as wnt-3a and -5a), these proteins combine with a cell membrane protein (Frizzled) and form protein complexes. These complexes induce LRP5/6 phosphorylation, promote GSK-3 $\beta$  phosphorylation, and then inhibit  $\beta$ -catenin phosphorylation.  $\beta$ -catenin then dissociates from the APC/Axin/GSK-3 $\beta$  complexes, and the  $\beta$ -catenin levels in the cytoplasm are stabilized.  $\beta$ -catenin is transported into the nucleus and combines with LEF/TCF DNA-binding factors to serve as transcription factors. These transcription factors then activate the transcription process and regulate cell proliferation, apoptosis, and differentiation. The occurrence of this process signifies that the classic Wnt signaling pathway is activated.

Our previous study found that the canonical Wnt signaling pathway (Wnt/ $\beta$ -catenin) plays an important role in SCI. After SCI, the Wnt/ $\beta$ -catenin signaling pathway is activated;  $\beta$ -catenin dissociates from the APC/Axin/GSK-3 $\beta$  complexes and receives upstream molecular signals. The protein then transports the signals to the nucleus to activate the target gene, ultimately promoting axonal regeneration and accelerating the nerve function recovery process [2, 16-18]. Some reports on other diseases (such as acute respiratory distress syndrome and colorectal cancer) have claimed

that suppressing the classical Wnt signaling pathway (Wnt/ $\beta$ -catenin) would activate apoptosis and alter the normal body steady state [19,20]. This notion suggests that the Wnt/ $\beta$ -catenin signaling pathway can regulate apoptotic function. Interestingly, we also preliminarily verified in published articles that simvastatin inhibits neuronal apoptosis and exerts neuroprotection by activating the Wnt/ $\beta$ -catenin signaling pathway after SCI. When the Wnt/ $\beta$ -catenin signaling pathway was suppressed, the anti-apoptotic effect of simvastatin was significantly reduced after SCI. Therefore, investigating the Wnt/ $\beta$ -catenin signaling pathway may provide a new mechanism and assist the progress of SCI treatment.

To further explore the specific molecular mechanism related to the effect of the Wnt/ $\beta$ -catenin signaling pathway on the apoptosis of nerve cells after SCI, we accomplished a preliminary experiment and found that at different time points after SCI, the prominence of the proteins of the classical Wnt/ $\beta$ -catenin signaling pathway (wnt-3a and  $\beta$ -catenin) initially increased and then decreased with time. The highest level was found at 6h after SCI, whereas the lowest level existed at the third day. The expression level of the GSK-3 $\beta$  protein decreased initially and then increased again; the activity levels tended to reach the lowest peak at 6h and the highest peak at 3 days after SCI. These results showed that the classic Wnt/ $\beta$  catenin signaling pathways were activated first, reached the highest activity levels at 6h after SCI, and then suppressed with time with the minimum activity levels at 3 days after SCI. In addition, we observed the changes in nerve cell apoptosis levels after SCI and found that the expression levels of the proteins (caspase-3, caspase-9, and Bax) that can boost apoptosis were increased along with time and reached the highest level at 3 days after SCI then gradually decreased. On the contrary, the expression level of the Bcl-2 protein, which can suppress apoptotic activity, tended to rise first, then declined and reached the lowest level at 3 days after SCI. The contradicting results showed that the level of cell apoptosis after SCI tended to increase first, with the highest level at 3 days after SCI, and then decreased. The abovementioned results reveal that after SCI, the expression levels of the classic Wnt/ $\beta$ -catenin signaling pathway and cell apoptosis players were negatively correlated. When the Wnt/ $\beta$ -catenin signaling pathway is activated, nerve cell apoptosis is inhibited; when the Wnt/ $\beta$ -catenin signaling

pathways are suppressed, the nerve cell apoptosis levels significantly increased.

On the basis of the results, we propose the following points for future investigation: (1) whether a new Wnt/ $\beta$ -catenin signaling pathway is involved in nerve cell apoptosis, (2) how the Wnt/ $\beta$ -catenin signaling pathway controls nerve cell apoptosis after SCI, and (3) the exact role of Wnt/ $\beta$ -catenin signaling pathway in nerve functional recovery. Furthermore, we will use different groups (inhibition or activation of Wnt/ $\beta$ -catenin signaling pathway) to study the molecular mechanism of the Wnt/ $\beta$ -catenin signaling pathway in the regulation of neural cell apoptosis, as well as the effects on the nerve function recovery after SCI through in vivo and in vitro experiments. We will then reveal the effects and molecular mechanism of the Wnt/ $\beta$ -catenin signaling pathway in the regulation of neural cell apoptosis after SCI (Figure 1). This information may further promote research on the molecular mechanisms of apoptosis and the treatment of SCI, provide new molecular mechanisms and research bases, and encourage the study of the clinical treatment of SCI.

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